



**Scheduling (949) 462-3999 • Fax (949) 462-3777**

Visit [www.ocdiagnostics.net](http://www.ocdiagnostics.net) for registration forms

- Routine  Call patient to schedule
- Priority: within 48 hrs - please provide auth # \_\_\_\_\_
- STAT: Ph # \_\_\_\_\_ or Fx # \_\_\_\_\_
- Media:  CD  Films  None

Please arrive 20 minutes prior to appointment to the selected location:

- MISSION VIEJO**  
27725 Santa Margarita Parkway, Suite 101, Mission Viejo, CA 92691  
Phone (949) 462-3999 • Fax (949) 462-3777  
*Hours M-F 8am-7pm, X-Ray 8-5*
- LADERA RANCH**  
600 Corporate Drive, Suite 110, Ladera Ranch, CA 92694  
Phone (949) 364-5716 • Fax (949) 364-5777  
*Hours M-F 8am-5pm, X-Ray 8-5*
- LAGUNA WOODS / SADDLEBACK (Wells Fargo Building)**  
24301 Paseo De Valencia, Suite 100, Laguna Woods, CA 92637  
Phone (949) 859-0400 • Fax (949) 859-0414  
*Hours M-F 8am-7pm, Sat. 8am-4:30pm, X-Ray 8-5 M-F*

Appointment Date & Time: \_\_\_\_\_

Patient Name: \_\_\_\_\_ Sex: \_\_\_\_\_

DOB: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Alt. Phone: \_\_\_\_\_

Physician Name \_\_\_\_\_ Physician Phone #: \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Diagnosis/History: \_\_\_\_\_

For Contrast Exams: Creatinine: \_\_\_\_\_ Date Drawn: \_\_\_\_\_ Weight: \_\_\_\_\_ Height: \_\_\_\_\_

**X-Ray**

Standing / Weight Bearing

Exam: \_\_\_\_\_

**Magnetic Resonance Imaging (MRI)**

W/O Contrast  W/O & W Contrast  Open (3D recon & IStat if indicated)

- Spine: \_\_\_C \_\_\_T \_\_\_L  Neck (soft tissue)
- Brain  Pituitary  IAC's
- MRA Brain  Orbits
- MRA Cartoid
- Abdomen: \_\_\_\_\_  Pelvis
- MRA Abdomen:  MRA Renals  MRA Run-Off
- Breast  MR Breast Bx: \_\_\_RT \_\_\_LT
- Extremity: \_\_\_\_\_
- MR Arthrogram: \_\_\_\_\_
- Other: \_\_\_\_\_

**PET/CT (Laguna Woods Location)**

Study Type:

- PET/CT with localizing CT only  Region:  Whole Body - Routine
- PET/CT with diagnostic CT  Whole Body - Extended field for melanoma
- \_\_\_W/O contrast  Brain
- \_\_\_W/O & W contrast

**Ultrasound**

- Abdomen  Pelvis  Hysterosonogram
- Thyroid  Renal  Testicular
- Ultrasound Biopsy: \_\_\_\_\_
- OB  Carotid
- Venous Doppler:  Lower \_\_\_RT \_\_\_LT  Upper \_\_\_RT \_\_\_LT
- Arterial Doppler:  Lower \_\_\_RT \_\_\_LT  Upper \_\_\_RT \_\_\_LT
- Other: \_\_\_\_\_

**Women's Imaging**

- Screening Mammogram  Breast Biopsy: \_\_\_RT \_\_\_LT
- \_\_\_Implants  Stereotactic BX
- Diagnostic Mammogram  Ultrasound BX
- Unilateral: \_\_\_RT \_\_\_LT  MRI BX
- Breast US: \_\_\_RT \_\_\_LT  MRI Breasts
- Other: \_\_\_\_\_

**Bone Density**

- DEXA  CT

**Fluoroscopy**

- Esophagram  Upper GI  Small Bowel  BE  VCUG
- Myelogram: \_\_\_C \_\_\_T \_\_\_L  HSG
- Arthrogram: \_\_\_\_\_

Other: \_\_\_\_\_

**Computerized Tomography (CT)**

W/O Contrast  W/O & W Contrast (3D recon & IStat if indicated)

- Spine: \_\_\_C \_\_\_T \_\_\_L  Myelogram \_\_\_C \_\_\_T \_\_\_L
- Head  Sinuses  Temporal Bones
- Neck (Soft Tissue)  CTA Brain  CTA Neck
- Chest  CTA Chest  CTA Run-Off
- Abdomen & Pelvis  CTA Abdomen
- Abdomen only  Arthrogram \_\_\_\_\_
- Pelvis only  Extremity: \_\_\_\_\_
- Other: \_\_\_\_\_

**Nuclear Medicine (Laguna Woods Location)**

**Skeletal**

- Whole Body Bone Scan
- Localized Bone Scan
- Area: \_\_\_\_\_
- \_\_\_With SPECT
- \_\_\_With Three-Phase Imaging

**Renal/Genitourinary**

- Triple-Phase Renogram with Lasix
- Captopril Renogram
- Proscint Scan

**Gastrointestinal**

- HIDA Scan
- \_\_\_with Gallbladder Ejection Fraction
- Gastric Emptying Study
- Liver-Spleen Scan
- Hemangioma Study

**Infection**

- Whole Body WBC Scan
- Localized WBC Scan
- Area: \_\_\_\_\_
- Prosthetic Joint Infection Scan

**Therapy**

- Quadramet (for Bone Metastases)
- Zevalin (for Lymphoma)

**Endocrine**

- I-123 Thyroid Uptake & Scan
- I-123 Whole Body Scan
- Therapy with I-131
- \_\_\_For Hyperthyroidism
- \_\_\_For Thyroid Cancer (includes post-therapy imaging)

- Parathyroid Scan
- MIBG Scan
- Octreoscan

**Pulmonary**

- Pulmonary V/Q Scan
- Pulmonary Perfusion Quantification

**Cardiac**

- Myocardial Viability Study
- Blood Pool (MUGA) Scan
- Myocardial Perfusion Study (Gated)
- \_\_\_With Exercise Stress
- \_\_\_With Pharmacologic Stress

**Other or Specific Instructions:**

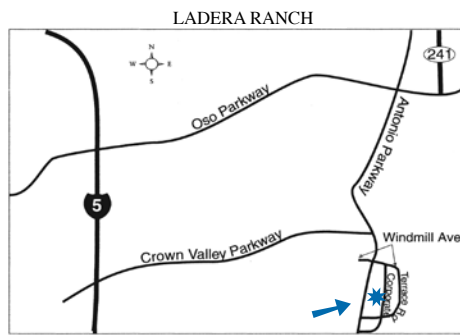


MISSION VIEJO  
 27725 Santa Margarita Pkwy., Suite 101, Mission Viejo, CA 92691  
**Southbound I-5**  
 Exit El Toro  
 LEFT on Carlota & LEFT on El Toro  
 RIGHT on Santa Margarita Pkwy.  
 LEFT into Trabuco Hills Center

**Southbound 241**  
 Pass Portola (Irvine)  
 Exit Portola (Mission Viejo)  
 RIGHT on Portola (West)  
 LEFT into Trabuco Hills Center

**Northbound I-5**  
 Exit El Toro  
 RIGHT on EL TORO  
 RIGHT on Santa Margarita Pkwy.  
 LEFT into Trabuco Hills Center

**Northbound 241**  
 Exit Portola (Mission Viejo)  
 LEFT on Portola (West)  
 LEFT into trabuco Hills Center



LADERA RANCH  
 600 Corporate Drive, Suite 110, Ladera Ranch, CA 92694  
**Southbound I-5**  
 Exit Crown Valley Parkway  
 LEFT on Crown Valley Parkway  
 RIGHT on Antonio  
 RIGHT on Corporate Drive

**Southbound 241**  
 Exit Oso Parkway  
 RIGHT on Oso Parkway  
 RIGHT on Antonio  
 LEFT on Windmill  
 LEFT on Antonio Parkway  
 RIGHT on Corporate Drive

**Northbound I-5**  
 Exit Crown Valley Parkway  
 RIGHT on Crown Valley Parkway  
 RIGHT on Antonio  
 LEFT on Windmill  
 RIGHT on Corporate Drive



LAGUNA WOODS / SADDLEBACK (Wells Fargo Building)  
 24301 Paseo De Valencia, Suite 100, Laguna Woods, CA 92637  
**Southbound I-5**  
 Exit El Toro Road  
 From off ramp continue straight  
 to Paseo De Valencia

**Northbound I-5**  
 Exit El Toro Road  
 LEFT on El Toro Road  
 LEFT on Paseo De Valencia

www.ocdiagnostics.net

## PATIENT PREPARATION

### GENERAL INSTRUCTIONS

- Leave all valuables at home.
- Please arrive 20 minutes prior to your appointment time.
- **Paperwork can be printed from our web site:**  
[www.ocdiagnostics.net](http://www.ocdiagnostics.net).
- Bring your insurance card, ID and order form with you.
- To provide your physician with the most accurate and timely results, we request that you bring any previous radiology exams that are pertinent to your current condition.

### MRI EXAMINATION

Please notify scheduling if any of the following pertains to you: **cardiac pacemaker, aneurysm clips, cochlear implants**, you are an **occupational metal worker** or may be **claustrophobic**. If your exam requires an injection (“with contrast”) do not eat 2 hours prior to appointment.

### CT EXAMINATION

If your exam requires contrast, **DO NOT** eat solid food 2 hours prior to your exam. Drink plenty of fluids prior to your appointment. Please notify scheduling if you are taking medication for diabetes or have a known allergy to iodine.

### ULTRASOUND EXAMINATION

**Abdominal**-No food or drink 6 hours prior to your examination.

**Pelvis**-Finish drinking 32oz. of water 1 hour prior to appointment. **DO NOT VOID** - a full bladder is required for this exam.

**OB 1st Trimester**-Finish drinking 32oz. of water 1 hour prior to your appointment. **DO NOT VOID** - a full bladder is required for this exam.

**OB 2nd & 3rd Trimester**-Finish drinking 16 oz. of water 1 hour prior to appointment. **DO NOT VOID** - a full bladder is required for this exam.

### MAMMOGRAPHY

Please **DO NOT** wear powder, deodorant, lotion or perfume on the day of the exam. Bring your prior mammogram for comparison.

### BREAST BIOPSY

Please **DO NOT** take any aspirin product one week prior to appointment. Inform the scheduler if you are taking any type of anti-coagulate drugs. Bring your most recent mammogram with you, if not done at our facility.

### FLUOROSCOPY

Most fluoroscopy procedures require a preparation before the examination. Scheduling will give you instructions specific to the exam requested.

### NUCLEAR MEDICINE

Preps vary according to exam. Specific instructions will be given by the scheduling department. You may be asked to avoid eating, drinking, or certain medications for a period of time prior to your exam. Additionally, please be sure to inform the schedulers and staff if you are diabetic, pregnant, uncertain if you may be pregnant, or currently breast feeding.

### PET/CT

#### **Three days prior to exam:**

- Avoid smoking or strenuous exercise
- Notify scheduling if you are diabetic, pregnant or nursing

#### **One day prior to exam:**

- Drink plenty of fluids to hydrate the body
- Consume a high protein, low carbohydrate dinner

#### **Day of exam:**

- **DO NOT EAT OR DRINK (EXCEPT FOR WATER) 6 HOURS PRIOR TO EXAM TIME - THIS IS CRITICAL**
- Take routine medications as prescribed, with water only
- Dress warmly and comfortably. Do not wear jewelry or clothing with metal zippers or metal buttons.
- Leave valuables at home